CFBoA SUSTAINABLE FOOD AND DRINK GROUP (SFADG) Update – November 2025

1. PLANNING FOR CHRISTMAS?

Celebrate the wonderful tastes and provenance of well-produced, local and fairly-traded food this Christmas.

We have a wealth of good food providers to choose from in the excellent, independent shops in Bradford on Avon and Hartley Farm Shop.

You can also order and collect Christmas poultry from Woolley Park Farm. "All our poultry is fed on our homegrown corn and barley as part of their whole feed ration, helping to lower our carbon footprint." Known in the catering sector for their exceptional quality.

Local, seasonal fruit and veg:

- The market garden at Avonleigh Orchards (biodynamic) usually keeps up the weekly 'order and collect' until around Christmas time and currently includes walnuts, cobnuts, pasteurised grape juice and delicious varieties of apples on the list. I'm heartbroken that Jonathan's tomato season is just coming to an end, but have frozen some and a few in a casserole in winter adds a real punch of flavour and joy. Contact Jonathan Francis at veggrower@yahoo.co.uk to request the weekly list.
- Look for Kate's organic veg at Hartley Farm (Grown Green @ Hartley Farm) and in Christine's Sustainable Supermarket throughout the year, with plenty of winter veg available (even salad - I always have a bag of her delicious mixed salad leaves, harvested from 22 varieties, on the go).
- Large range of veg available from Bromham at the veg shop in the Shambles, Hartley Farm and other local retailers
- Christine's Sustainable Supermarket and the Co-op are key places to find Fairtrade products. Christine's entire focus is on providing us with a hug range of carefully researched sustainable products. Hodmedods' British-grown pulses and grains are stocked here.
- The Thursday morning market in BoA Library carpark has really great food stands, including the wonderful range of fresh fish and seafood at Harts Seafoods, Bath Soft Cheese Company, the ever=popular olive stand, the Thoroughly Wild Meat Company and some excellent baked food traders, who really care about their ingredient sourcing.
- Game, such as venison, can be an environmentally-friendly choice.
- Choosing drinks produced locally and/or to higher environmental standards (eg Fairtrade) is also a really positive choice.
- Also see:
  - Local Food Map – Google My Maps

- Why Buy Local | Wiltshire Marque

A new registrant is Thursday market trader the Garden Chef, who has promoted her catering business. She is thrilled with the support that Wiltshire Marque is providing, including looking at the detail of her website and making helpful. recommendations, promotion and the availability of business advice.

- Explore BoA here.
- Walk around the town to discover all BoA's wonderful food shops, including the Cheese Shop and Pipit's bakery amongst others.

2. **FAIRY WASHING UP LIQUID ! Warning !**
   Harmful to aquatic life with long lasting effects.
   Apparently, this warning on the bottle (and that of many detergents and other cleaning products is no idle threat. The chemicals affect fish and other aquatic life and get into our food chain – why aren't they banned when there are perfectly good alternatives available, such as Ecover, Ecoleaf and BioD? See information from the Wildlife Trusts here, advice on looking after our rivers from the Cotswold National Landscape Evenlode Catchment Partnership here, and search online for more information. Take containers to Christine's Sustainable Supermarket or Hartley Farm Shop for refills of eco-friendly products.

INTERESTING ARTICLE:

3. **Why 'mob grazing' may help protect drought-hit Senegal's vast grasslands (GNM)** here

ENJOY GOOD FOOD AND DRINK

If you wish to be on the Sustainable Food and Drink Group circulation list, please contact Ros Edwards at climatechampions@gmail.com